



The Book of H.O.P.E.

Second Edition

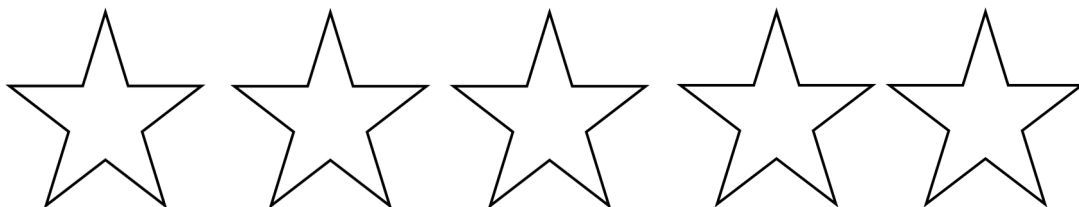
Worksheets

Renita D Davis

Welcome and Thank You So Much!

Thank you for purchasing The Book of H.O.P.E. (second edition). Have you started reading yet? Well, you are in for a treat.

If you would be so kind, I would love for you to take a few minutes and leave an [Amazon review](#).



I wrote "The Book of H.O.P.E. (second edition) to not only to encourage you but to let you know that you are not alone in your journey. There is a way to move from stagnation and begin a momentum of successes in your thoughts, your actions and renewing your conviction of faith. Use these worksheets as the beginning or your first steps to moving away from that thing that has caused you discomfort, concern, or frustration. That inner pain that is located in your secret place within your soul that you dare not express to others. –

Helping

Scripture: God is our refuge and strength; a very present help in trouble. Psalm 41:6 KJV

The definition of the word has many meanings: to make something easier by offering one's services or resources; not being able to avoid; to serve; the action of giving assistance; or an appeal for urgent assistance. When writing this book, I found myself utilizing all of these definitions. I wanted to provide assistance. It was an urgency in my spirit that I could not avoid, I wanted give people resources so they would not struggle as I had in my past Helping is assistance, something that increases capacity and is long lasting.

What I am presenting to you is a method not the method. What I am saying is that there are many ways to get from point "A" to point "B". I am giving you my road map and the one thing that is always in the forefront of my method... God. Notice the first words that I entered (minus the heading) was a scripture.

TAKEAWAY #1

Recognize: I cannot do this on my own. If I want this to be a long-lasting process, I need to build my capacity to sustain this new position and I do this with the help of others. Who am I going on this journey with? Where is God in my process. Do I see him as my help?

Execute

Scripture: And whatsoever ye do, do it heartily, as to the Lord, and not unto men;
Colossians 3:23 KJV

As you come to the final stage of this book, understand this is only the beginning. This is where the “rubber meets the road”.

- Have your thoughts adjusted?
- Are your plans established?
- What does your capacity look like?
- How does your walk with Christ play into your execution of all that you have purposed to do?

As you read the book and are thinking of these takeaways on how they relate to you life, my hope for you is that:

1. You will be able to start thinking about moving forward with your goals and dreams
2. You will recognize that your thought process can be adjusted for success.
3. You know that our connection is not by mistake and I am here to provide support for you in this journey.

Is there more to this?

Thank you for taking the time to take a step toward changing your life. If you want to learn more about how I can assist you on your journey, I encourage you to reach out.

Contact Me:

Email: renitadavis@ichpmove.com

Let's Talk: <https://bit.ly/giving8>

